

News Wire

Subject: FDA MedWatch - Dietary Supplements Containing Ephedrine Alkaloids
illegal and pose unreasonable risk to users

Date: Thu, 31 Aug 2006 02:11:49 +0000

MedWatch - The FDA Safety Information and Adverse Event Reporting Program

FDA informed consumers and healthcare professionals that all dietary supplements containing ephedrine alkaloids are illegal to market in the United States. Dietary supplements containing ephedrine alkaloids, regardless of the dosage, are considered adulterated and pose an unreasonable risk of illness or injury to users, especially those suffering from heart disease and high blood pressure. FDA conducted an exhaustive evaluation of relevant scientific data evidence on ephedrine alkaloids before issuing this decision in a final rule in 2004. On August 17, 2006, a Court of Appeals ruling upheld this final rule, reversing an earlier decision by the District Court of Utah.

Read the complete MedWatch 2006 Safety Summary, including links to the FDA press release, at:

<http://www.fda.gov/medwatch/safety/2006/safety06.htm#Ephedrine>